



Kid-tested; parent-vetted; educator-approved!

Professional Development Workshops: Empowering Educators with Research-Based Strategies

Engaging professional learning opportunities designed to enhance effective instruction, bridge research to practice, improve student engagement and learning outcomes, master classroom management, and deepen expertise in the science of reading through structured literacy approaches.



Fluency Grid: Set 11

Touch and read the words below.

over	want	water	from
for	water	from	w
want	over	for	w
water	from	want	v
from	for	over	

I want to go over the

Prefix - re

Directions: Read the words below. Write the new word by adding the prefix **re** on the lines below. An example has been provided.

write	learn
<u>rewrite</u>	
fill	heat
clean	build

Passage 1
Short
Day 5

Name: _____

Jen's Pen

Day 5 Independent Read: Read the story all by yourself.

This is Jen. Jen is my pet. Jen is a hen. Jen can run. Jen can play. Jen can get wet. Jen lives in a pen. Jen's pen is a nest. Look! Jen has ten eggs. Jen is the best. Jen is my friend.

Activity 1: High-Frequency (HF) Words / Heart Words. Read your HF words. Draw a circle around the non-ops of your HF words.

my her has lo

my her has look

Activity 2: Touch, read, and write your HF words.

Name: _____

My SIPPS Word of the Day!

see

Job 1: Color the correct box. Today is...

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Job 2: Circle today's weather...

see

Job 3: Find it 3 times!

a	f	m	t	p	a	n	s
n	s	e	e	r	t	i	p
i	p	b	a	s	e	e	m

Job 4: Find and highlight!

see a

see the see



Luminous Minds Professional Development

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Luminous Minds Professional Development Overview

Luminous Minds' professional development (PD) trainings focus on working with teachers/education specialists in primary classrooms, reading intervention, ELD programs, afterschool/ELO programs, and/or virtual/hybrid programs. Serving as a supplement, our resource library offers teachers a variety of digital and printable reading resources they can easily access and utilize with any main district-adopted ELA curricula. We provide teachers a credible place they can go to access quality resources, designed to provide necessary repeated practice, differentiation, center station/small group activities, and extra learning practice in phonics, phonemic awareness, vocabulary, fluency, and comprehension.

Districts, schools, non-profits, and educational institutions are able to select any of the offered PD trainings below. Specified trainings are designed for primary classroom teachers (PreK/TK - 2nd), reading intervention teams, and/or after-school programs. PD trainings are designed to support teachers with research-based strategies to improve reading achievement in the early years with the goal of no child needing reading intervention. Access to the Luminous Minds resources and PD trainings empower teachers, arming them with credible resources and support, helping them save time and money.

Some (not all) of the PD offerings require your primary classroom teachers to have access to the Luminous Minds website and School Site Access platform. This is offered to schools, Districts, non-profits, and educational institutions at \$195 per teacher, per year, available in one-, three- or five-year contracts. This allows your team to have unlimited access to and unlimited downloads of hundreds of digital and printable reading resources to support filling in gaps and accelerating reading development. These resources are utilized throughout the PD sessions listed in this document.

Optional (not required), extended student access for each teacher's students is offered at \$15 per student (12 months; unlimited access). With this extended access, teachers are able to strategically assign video lessons to students, which they can access on their personal dashboards. Student access also allows students, parents, and families to access all reading resources, 24-7, from any device, to support asynchronous learning.

There is a one-time per year set-up fee per District/school site. PDs listed below are delivered in-person and/or virtually and are charged at a per hour rate + travel costs, as applicable.



PD Offerings Scope & Sequence

PD Offering 1: Luminous Minds (LM) Reading Resources | School Site Access Demo Roll Out PD

Time: 1 Hr. In-Person or Virtual Option

Summary: Join us for an engaging professional development session where we introduce and demonstrate the Luminous Minds educational website and School Site Access platform. Participants will experience a comprehensive model and demo rollout of the website's features, including the teacher and student dashboards. We will explore practical aspects such as assigning video lessons, worksheets, and activities tailored for primary students, emphasizing effective instructional strategies. Additionally, we will cover best practices for utilizing printable activities to support Tier 1 and Tier 2 academic interventions and reading instruction. Participants will also learn essential administrative functions, including adding/removing students, managing accounts, and updating passwords, ensuring smooth operation and personalized support within their educational settings.

- Model/Demo roll-out of the LM website, School Site Access features and early learning platform.
- Model printable activities and discuss best practices for Tier 1 and Tier 2 academic support and reading instruction
- Model teacher/student dashboard; explain, practice & role play assigning video lessons, worksheets, and activities for primary students.
- Explain/Learn/Practice how to add/remove students, manage students, update/change passwords.





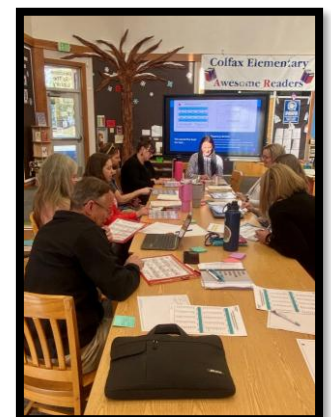
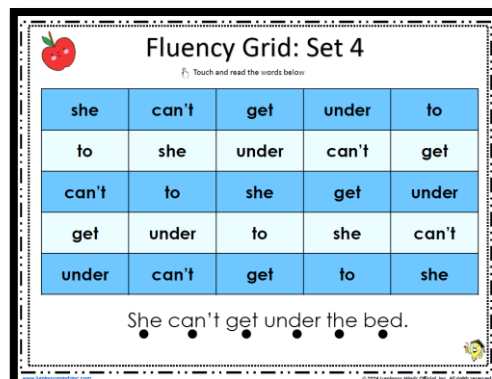
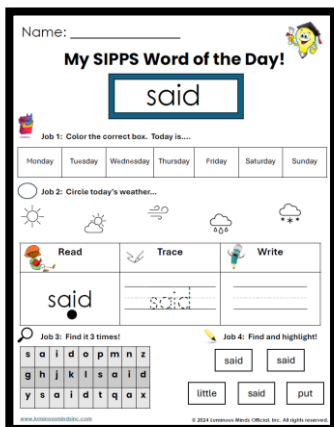
PD Offerings Scope & Sequence

PD Offering 2: Sight Words, Heart Words & High-Frequency Words | Understanding Best Practice to Teach, Practice, and Learn Sight Words in the Primary Grades

Time: 60-90 Minutes In-Person or Virtual Option

Summary: Join us for an informative workshop focused on effective strategies for teaching, practicing, and learning sight words in primary grades. Participants will delve into the research and science behind sight words and high-frequency words in early reading development. Utilizing your district or school-selected sight word list, we will set achievable learning goals for students and develop actionable plans to meet these targets by grade level. Through modeling, practice, and role-playing, teachers will explore engaging teaching strategies such as classroom games, multisensory exercises, and songs/chants to enhance sight word retention. Discussions will also center on implementing ongoing progress monitoring and assessment strategies to track student growth and inform instructional decisions effectively.

- Learn what the research and science say about sight words/high-frequency words and early reading.
- Utilizing Districts or schools' chosen or adopted sight word list, help teachers develop a plan/goal for # of words students should learn by the end of grade level and create a plan of action to hit targets.
- Model, practice and role-play teaching strategies to teach, practice, and learn sight words (classroom games, repeated practice, multisensory/engaging exercises, songs/chants, etc.).
- Discuss/plan how teachers will frequently monitor progress and provide ongoing assessment to make benchmarks.





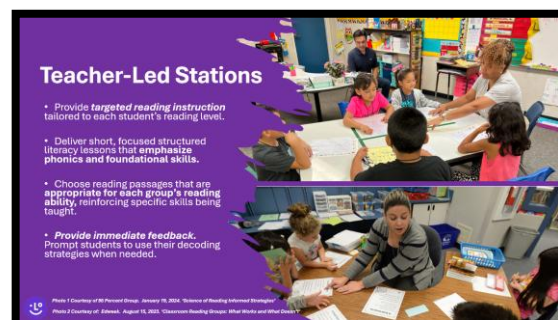
PD Offerings Scope & Sequence

PD Offering 3: How to Set Up & Run Effective Center Stations, Workshops & Small Groups in Primary Grades

Time: Option 1: 60–90-minute Virtual PD | 90-minute In-Person | **Option 2:** Two, 60-minute In-Person sessions

Summary: Join us for a comprehensive workshop designed to empower primary grade teachers in setting up and managing center stations, workshops, and small group activities with efficiency and effectiveness. Participants will learn essential strategies for establishing clear procedures, managing classroom expectations, and implementing robust classroom management systems. Best practices for transitions, timing, rotations, and pacing will be discussed to optimize learning time and engagement. The workshop will also cover strategic planning for both teacher-led and independent stations, ensuring alignment with district-adopted curriculum standards. Participants will leave equipped with tools to support early finishers, strategies for accountability, and methods for monitoring student progress. Additionally, support will be provided for collaborative lesson and activity planning within grade level teams, fostering a cohesive and productive learning environment.

- Model how to set up procedures, expectations, and classroom management systems.
- Discuss Best Practices For: Transitions, Timing, Rotations and Pace.
- Strategic Planning of Teacher-led stations & independent stations.
- Alignment of activities to District-adopted Curriculum.
- Create Plan for ‘Early Finishers’.
- Strategies for Accountability and monitoring progress.
- Lesson and Activity Planning Support for Grade Level Teams.





PD Offerings Scope & Sequence

PD Offering 4: How to Set Up & Run Effective Center Stations, Workshops & Small Groups in Upper Elementary (Grades 3-6)

Time: Option 1: 60–90-minute Virtual PD | 90-minute In-Person | **Option 2:** Two, 60-minute In-Person sessions

Summary: Join us for a comprehensive workshop designed to support upper elementary teachers in effectively structuring and managing center stations, workshops, and small group instruction. Participants will explore strategies for fostering student independence, accountability, and engagement while maintaining strong classroom management systems. Best practices for transitions, timing, rotations, and pacing will be discussed to maximize instructional time and academic rigor.

The workshop will also focus on strategic planning of teacher-led and student-driven stations, with an emphasis on aligning activities to district-adopted curriculum and grade-level standards across content areas. Participants will leave equipped with tools to support differentiated instruction, monitor student progress, and ensure meaningful, standard-aligned learning experiences. Time will also be dedicated to collaborative lesson and activity planning to support cohesive grade-level implementation.

- Model how to establish clear procedures, expectations, and classroom management systems that promote student independence.
- Discuss best practices for transitions, timing, rotations, and pacing to maximize instructional minutes.
- Strategic planning of teacher-led, collaborative, and independent stations.
- Align activities to district-adopted curriculum and grade-level standards across content areas.
- Develop plans for early finishers that extend learning and deepen thinking.
- Implement strategies for student accountability, ownership, and progress monitoring.
- Provide lesson and activity planning support for grade-level teams, including differentiation and targeted instruction.



PD Offerings Scope & Sequence

PD Offering 5: Science of Reading Overview Covering 5 Key Elements Necessary to Effectively Teach Young Children How to Read | Audience: Primary Classroom Teachers & Reading Intervention

Time: 60-90 minutes | Virtual or In-Person PD

Summary: Join us for an immersive workshop focused on equipping primary classroom teachers and reading intervention specialists with essential strategies for teaching young children how to read effectively. This session covers the foundational elements of phonics, phonemic awareness, fluency, vocabulary, and comprehension, emphasizing their critical role in early literacy development. Participants will explore practical teaching techniques adaptable to any curriculum, including fluency exercises, vocabulary strategies, and supports for English Language Learners. Additionally, we will delve into the importance of building foundational skills and offer creative tools like affirmations, cheers, and chants to foster a growth mindset and enhance early reading skills. Supplementary resources will be reviewed to address learning gaps and facilitate engaging reading activities in diverse classroom settings.

- Overview and discussion of 5 essential components necessary to effectively teach young children how to read: phonics, phonemic awareness, fluency, vocabulary, and comprehension.
- Overview of ‘pre-requisites’: understanding the value of foundational skills; building alphabet knowledge and letter recognition in TK/PreK and Kinder.
- Understanding the difference between ‘phonics’ and ‘phonemic awareness’.
- Model, practice, and role-play of teaching strategies adaptable to use with any District-adopted curriculum (fluency reads, choral reading, echo reading, vocabulary charts, supports for EL students, graphic organizers, etc.).
- Affirmations, Cheers, Call-Response, Songs, and Chants to help develop a growth mindset and early reading skills.
- Review and incorporation of LM supplemental resources to help fill in gaps, accelerate learning and support with center stations/small groups and/or reading activities in the classroom.



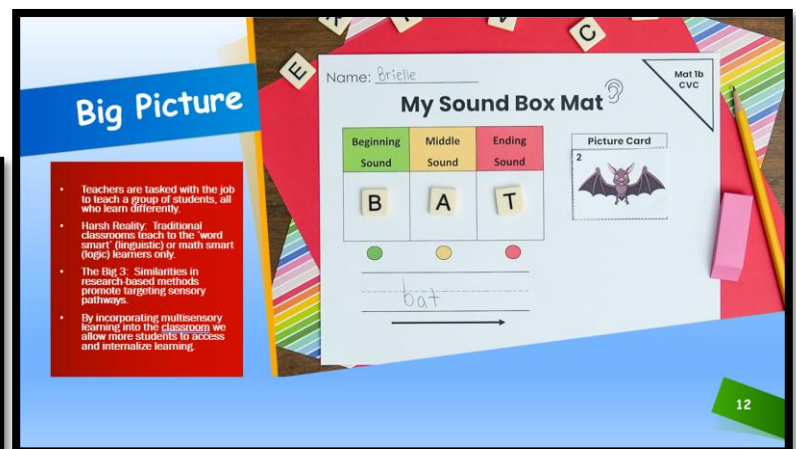
PD Offerings Scope & Sequence

PD Offering 6: Understanding Neurodiversity in Classrooms

Time: 1 Hr. In-Person or Virtual Option

Summary: In a world full of neurodiverse learners, it can be challenging for our teachers to accommodate varying learning styles and needs in their classrooms. In this engaging workshop, we will explore what Neurodiversity, Universal Design for Learning (UDL), and the Theory of Multiple Intelligences (MI) look like, and provide strategies and resources your teachers can use to optimize and improve teaching and learning in more inclusive environments.

- Gain a comprehensive understanding of Neurodiversity, including its definition, common characteristics, and its significance in educational settings.
- Learn practical strategies rooted in UDL principles to effectively accommodate diverse learning styles and needs in their teaching practice.
- Explore how the Theory of Multiple Intelligences can be applied to recognize and nurture diverse cognitive strengths among learners, promoting a more inclusive educational environment.
- Acquire strategies and resources that can be immediately implemented to optimize teaching methods and improve learning outcomes for neurodiverse students.





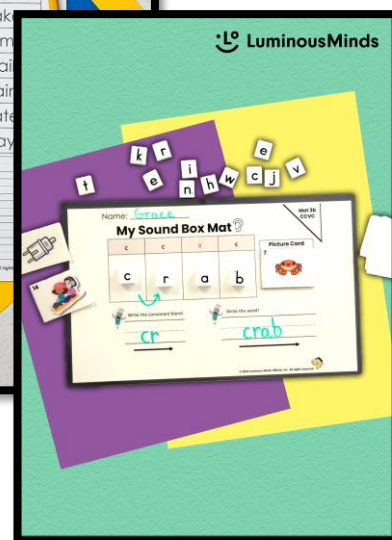
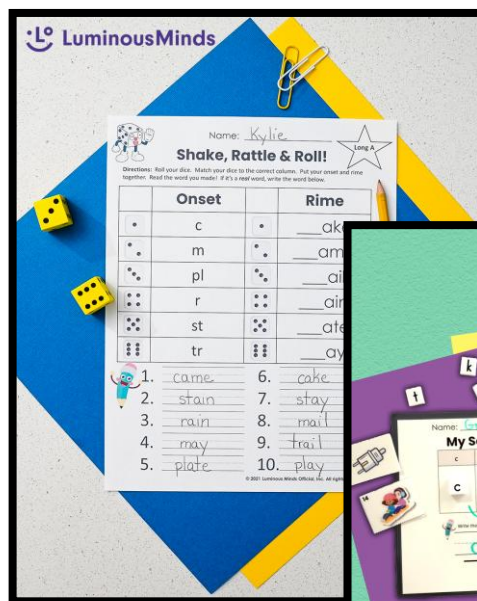
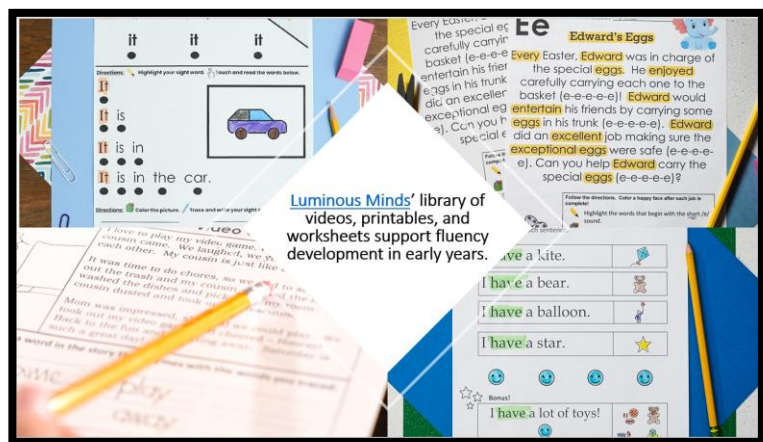
PD Offerings Scope & Sequence

PD Offering 7: Supercharge Your Students' Reading & Early Literacy Skills in Your Afterschool Programs (Easy-lift Activities for Primary-aged Students)

Time: 1 Hr. In-Person or Virtual Option

Summary: Discover engaging, multisensory reading and early literacy activities perfect for primary-aged students and older students needing extra reading support. Get easy-to-use tools for support staff and after-school care providers to support primary-aged student groups, help improve behavior, and stock up on resources for homework time, tech time, learning, or literacy blocks.

- Learn and be able to implement a variety of engaging, multisensory activities specifically designed to enhance reading and early literacy skills among primary-aged students and those needing additional support.
- Acquire practical tools and resources tailored for support staff and after-school care providers, enabling them to effectively support student groups during homework time, tech time, and literacy blocks.
- Gain strategies to improve student engagement and behavior through targeted literacy activities, fostering a positive learning environment conducive to academic growth and development.





PD Offerings Scope & Sequence

PD Offering 8: Increase Engagement & Positivity in Your Primary Classrooms | Using Positive Affirmations & Call-Response Techniques

Time: 1 Hr. In-Person or Virtual Option

Summary: Get ready to embark on a lively journey of learning and laughter! Join us for a workshop that combines the perfect blend of playfulness and professionalism. In this session, we will dive into the world of power, positivity, and confidence building tailored for primary classrooms.

Discover the magic of simple call-response techniques and affirmations that can transform your learning environment. This workshop is not just about having fun (though there will be plenty of that!), but it is also designed to enhance learning, foster a growth mindset, and support students in improving their academic skills.

Watch as engaging affirmations supercharge your students' desire to learn and ignite your teachers' passion for teaching! Get ready to make and take your favorite chants, call-response phrases, and power affirmations back to your campus. This hands-on, active, and engaging workshop ensures a fun-filled learning experience for everyone involved. Materials provided – all you need to bring is your enthusiasm!

- Learn how to effectively incorporate simple call-response techniques and powerful affirmations into their daily routines to create a positive and supportive learning environment in primary classrooms.
- Discover strategies that enhance student engagement, foster a growth mindset, and boost academic skills through the use of engaging affirmations and playful learning activities.
- Create practical tools and materials, including customized chants, call-response phrases, and power affirmations teachers can immediately implement in their classrooms to enhance teaching effectiveness and student learning outcomes.



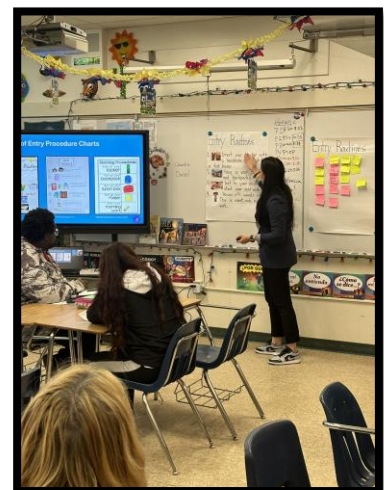
PD Offerings Scope & Sequence

PD Offering 9: Morning / Entry Routines – Teach Like a Champion and Set the Stage for A Successful Day

Time: 1 Hr. In-Person or Virtual Option

Summary: This dynamic workshop is designed to equip teachers with effective entry procedures and routines. This session focuses on how to seamlessly transition students into the classroom and get them engaged in productive work from the moment they enter. Participants will learn techniques for greeting students, organizing belongings, and starting morning/afternoon seat work. The workshop includes hands-on practice, role-playing, and strategy sessions to ensure teachers can implement these routines with confidence.

- Learn effective procedures for student entry, greetings, and organizing belongings to create a smooth and orderly start to the day.
- Discover strategies for selecting and preparing appropriate, independent morning seat work.
- Explore the use of soft music, calming scents, and other environmental adjustments to create a welcoming and focused classroom atmosphere.
- Understand the importance of immediate positive praise and techniques for fostering a growth mindset from the start of the school day.
- Engage in role-playing and modeling activities to practice and refine morning routines.
- Receive expert tips and personalized feedback to ensure successful implementation of learned strategies in your own classroom.





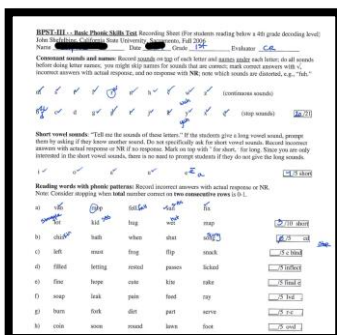
PD Offerings Scope & Sequence

PD Offering 10: Coaching | Observation & Planning / Backward Standards Mapping **| 30 min. observation + 60 min coaching/planning with each teacher | Includes 30-60 min. end of day check-in with Principal**

Time: 90 min. per teacher

Summary: Our personalized 1-1 classroom coaching and observation feedback cycle is designed to enhance teaching effectiveness and student outcomes. We offer comprehensive support through tailored coaching sessions, collaborative planning with teachers, and insightful classroom observations. Our approach includes aligning teaching practices with standards, analyzing student assessments, and co-creating strategic plans to address learning gaps. Optional pre-conferences and ongoing dialogue with school principals ensure a cohesive support structure aimed at continuous improvement in educational practices.

- Provide individualized coaching sessions and classroom observations to support primary classroom and reading intervention teachers in refining their instructional practices.
- Collaborate on backward standards mapping and review district assessments to identify student needs and develop targeted learning plans.
- Recommend appropriate literacy assessments (BPST, DIBELS, Pals, MAP/NWEA) where district assessments are not available, to inform instructional strategies.
- Assist in setting SMART goals based on student data and classroom dynamics, ensuring objectives are specific, measurable, achievable, relevant, and time-bound.
- Offer guidance on effective lesson planning and modeling of teaching strategies to optimize classroom management and instructional time.





PD Offerings Scope & Sequence

PD Offering 11: Building Strong Foundations in TK: Social-Emotional Learning, Behavior & Early Literacy

Time: 60-90 Minutes In-Person or Virtual Option

Summary: Transitional Kindergarten (TK) provides a critical window to develop social-emotional skills, establish positive behavior routines, and build foundational readiness for Kindergarten—especially in early literacy. In this engaging and practical workshop, participants will explore key research in early childhood development, including social-emotional learning, behavior management, and foundational literacy acquisition.

Care providers and educators will learn effective strategies, structured routines, and developmentally appropriate practices to support young learners in building independence, managing behavior, and engaging in early academic experiences. The session will introduce guiding principles for foundational skill development, including alphabet knowledge, letter recognition (uppercase and lowercase), beginning handwriting, counting (1–10), color recognition, and early sight word development.

Participants will also engage in hands-on learning of fun, interactive games and activities designed to build literacy skills through short, focused 5–10-minute practice routines—ideal for supporting young learners with shorter attention spans. This workshop equips educators with practical, easy-to-implement tools that make early learning both meaningful and joyful.

- Explore research on early childhood development, social-emotional learning, and behavior management.
- Learn strategies to build routines, independence, and positive classroom behavior in TK settings.
- Develop foundational literacy skills: alphabet knowledge, letter recognition, and early handwriting.
- Introduce early numeracy concepts including counting (1–10) and color recognition.
- Practice engaging, short-duration (5–10 minute) literacy games and activities to support attention and retention.
- Build a toolkit of developmentally appropriate strategies to support Kindergarten readiness.



About the trainer: Chandra Roughton, M.Ed.

Ms. Chandra is a passionate educator, administrator, and academic coach. Currently serving as the Program Director and Lead Trainer for Luminous Minds, Chandra travels nationally speaking and presenting on the power and promise of early literacy and how to close existing achievement gaps by giving our students the right resources, content, and tools in the early grades to foster a love for learning and build confidence in reading.

Working with district-adopted curricula, Chandra delivers strategies in how to properly teach young children how to ‘crack the code’ and effectively learn how to read utilizing research-based reading strategies.

Ms. Chandra has an extensive career, serving as a classroom teacher, academic coach, professional development provider, administrator, board member, external evaluator, working in special projects, curriculum development, and currently serving as CEO/Administrative Program Director for Luminous Minds (full curriculum vitae available upon request).

In our professional development training packages highlighted above, Chandra would serve as the sole provider for your District/LEA.



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[in Chandra Roughton's LinkedIn](#)



About Luminous Minds

Luminous Minds serves as an educational website, early learning platform, and professional development service provider supporting primary classroom teachers (PreK/TK - 2nd grade), reading intervention teachers, and primary-aged students with access to a library of engaging, standard-aligned, research-based, supplemental reading resources.

Districts/schools are utilizing our exceptional reading resources and literacy trainings to fill in gaps, accelerate learning, improve literacy outcomes, instill confidence in young readers, and build a growth mindset.

Visit our website: [Luminous Minds School Site Access](#)